



STARTERS / SNACKS Serves approximately 6-8

Smoked Salmon Platter , house bagels, traditional garnish (Fri - Sun)	80
Hawaiian Poke , avocado, cucumber, herbs, lettuce, chips	59
Gulf Prawn Cocktail (18 pcs) , cocktail sauce, lemon	46
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Vegan Ceviche , cauliflower, cucumber, herbs, tomato, lime, chips	20
Zahav Hummus , pita chips	25
1/2 Guacamole / 1/2 Pico de Gallo , chips	21
Vegetable Crudité , bleu cheese dip	21

CHOW "DELI" SANDWICHES Serves approximately 6-8

Spicy Chicken-Pesto , grilled organic chicken, pesto, mayo, tomato, calabrian chiles	55
Grilled Chicken Breast + Bacon , organic chicken, bacon, lettuce, tomato on baguette	59
Classic Italian "Deli" , prosciutto cotto, pepper salame, hot coppa, provolone, pepperoncini	55

Smoked Salmon on Bagel (available Friday - Sunday), salmon, dill cream cheese, tomato, cucumber, arugula	55
Veg "Fantasia" on Bagel (available Friday - Sunday), cream cheese, veggies, sun-dried tomato, olives, pine nuts	48

GARDEN SALADS Serves approximately 4-6

Caesar , romaine hearts, Caesar dressing, garlicky croutons, parmesan	40
Chinese-Chicken , organic chicken, apples, sesame, ginger, crispy wonton skins, veggies	50
Cobb , organic chicken, bacon, avocado, maytag bleu cheese, farm egg, tomato, tarragon vin.	52
Organic Spinach , apples, cranberries, currants, walnuts, feta, pear-sherry vinaigrette	44
Grilled Prawn (10 ea) Louie , louie dressing, farm egg, cucumbers, tomato, olives, greens	65
Spicy Thai Chicken , chicken breast, veggies, herbs, spicy-ginger-garlic dressing, peanuts	50

SIDES Serves approximately 4-6

Minestrone Soup	15
Org Chicken-Tortilla Soup	15
Garlic Mashed Potatoes	15
1/2 Mashed Potatoes / 1/2 Veggies	15
Mexi Rice	15
1/2 Mexi Rice + 1/2 Black Beans	15



ABOUT CHOW CATERING

Catering is available Wednesday - Sunday weekly. We accept catering orders by email, phone, or in person. Orders will be confirmed 24 - 48 hours after being placed. Our chef-driven menu is made to order for you, if possible - please place your order 72 hours prior to your event. For delivery within a 4-mile radius, a \$12 delivery fee will be added. For large orders beyond a 4-mile radius, please contact us. Prices and availability may vary with the seasons and are subject to change. A 10% service charge will be added for all catering orders. For any questions or inquiries, please contact us.

PHONE : (925) 328 - 2469
EMAIL : info.br@chowfoodbar.com
WEBSITE : chowfoodbar.com



CATERING TO - GO

order online @ chowfoodbar.com



HOT APPETIZERS

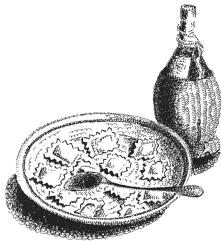
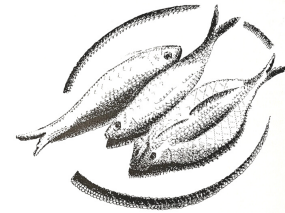
Serves approximately 6-8

- Shrimp Taquitos (6ea)**, avo, salsa, crema, lime, cilantro 44
- Nachos**, ranchero sauce, avocado, crema 20
- Spicy Chicken Wings**, chile-ginger-garlic, blue cheese dip, veggies 26

HOT GRILLS/ MAINS

Serves approximately 4-6

- Grilled Ora King Salmon**, lemon, tomato 56
- Org Chicken Enchiladas**, mole, onion, pico, cilantro, sesame 50
- Org Chicken Parmesan**, tomato, mozzarella, pasta 50
- Grilled Steak w/mashed potatoes**, vegetables, green salad 52



HOT PASTA

Serves approximately 8-12

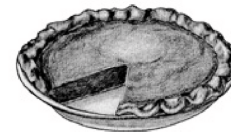
- Pasta**, fresh roma tomato, basil, garlic 40
- Daily Seafood Pasta**, lemon, garlic, wine 64
- Fusilli Pasta**, sausage, chicken, cream, tomato, rosemary 56
- Spicy Thai Noodles**, beef, chicken, mushroom, chile-ginger-garlic broth 58
- Rose's Pasta & Meatballs**, w/ grilled garlic toast 40

PASTRY & MARKET PARTY-MENU

FAMOUS SWEETS

Serves approximately 6

- Famous Ginger Cake "Kit"** 80
- Cake, pumpkin gelato, caramel sauce, whipped cream
- Butterscotch Banana-Cream Pie** 39
- Chocolate Chip Cookie Dough** (ready to bake dough) 14.5



OUR MARKET HAS A FULL SELECTION OF

BEERS / WINES / LIQUOR

FREQUENTLY ASKED QUESTIONS

Best way to contact - call during business hours or email (anytime). / **Special arrangements** - please speak with us by phone or in person. / **Notice** - 72 hours is preferred. There are exceptions, the more time the better for us and for you.
Delivery policy - we schedule 1/2 hour delivery windows - please schedule time enough on your end to be ahead of things. **Delivery charge** - 4 mile radius is \$12.
Catering for 50 or more - please contact Mark @gm.br@chowfoodbar.com.
Cancellations - 3 days prior min. **Gratuities** - we add an 10% gratuity, any additional gratuity is up to you.
Dietary requests - please state your needs, if possible - we will be happy to accommodate you.

